

## ARE YOU READY FOR TAKEOFF?

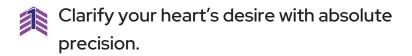
## THESE 4 STEPS WILL DETERMINE YOUR TRAJECTORY

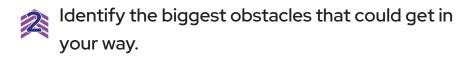
If you've read self-help books or taken courses before, but you haven't realized the results you expected, it's not your fault. Most "gurus" tell you what to do, but they don't tell you how to do it.

When I coach clients, I show them *how.* I walk them through it step by step. This process can literally change the course of your life ...as long as you are willing to make the change.

This is going to sound simple, and it is, but so few people actually do it. I'm going to tell you exactly how to do it so it will take you less time than it took me. My clients have told me that this was a game changer for them.

## HERE ARE THE 4 STEPS YOU MUST FOLLOW:





Create new beliefs that cancel out the obstacles.

Construct a new self-image based on those new beliefs.

Please complete the 4 steps on the back. (See reverse.)

## HERE ARE THE 4 STEPS YOU MUST FOLLOW:

TEP 2. IDENT	FY THE BIGGEST OBSTACLES THAT COULD GET IN YOUR WAY.
easons why you	ecide what you really want, your mind is going to start coming up with all the can't have it. Things like, money, time and other circumstances and conditions. <i>Le as the obstacles</i> .
STEP 3. CREAT	E NEW BELIEFS THAT CANCEL OUT THE OBSTACLES.
The obstacles your pelieve is possible alize because the decause in the pelieve i	TE NEW BELIEFS THAT CANCEL OUT THE OBSTACLES.  u've identified are based on beliefs that you have about yourself and what you e for you. The old beliefs are holding you back. This may be difficult for you to hese beliefs are so much a part of your way of thinking. Ask yourself, "What wouln order to have what I really want?" For example, "I have all the time and all the ou may not entirely believe this to be true right now. It is however what you need o make your dream a reality. Write your new beliefs.
The obstacles your live is possible alize because to be lieve in oney I need." You want is to be a second of the coney I need." You want is to be a second of the coney I need." You want is the coney I need."	u've identified are based on beliefs that you have about yourself and what you e for you. The old beliefs are holding you back. This may be difficult for you to hese beliefs are so much a part of your way of thinking. Ask yourself, "What wouln order to have what I really want?" For example, "I have all the time and all the bu may not entirely believe this to be true right now. It is however what you need
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